

# PARKS AND RECREATION DEPARTMENT

Recreation Division



## *Orangeburg Senior Games*

City of Orangeburg Parks and Recreation Department

Orangeburg County Council on Aging

October 16 & 18, 2018

### General Information

**Goals:** The goals of this event are to maintain and improve the health and wellness of older adults; to provide a competitive athletic and recreational experience that focuses attention on the importance of exercise in every individual's personal plan of health; to provide an opportunity for socialization for older adults in our state; and to enhance the quality for senior citizens. The program is as much for the recreational athlete as it is for the competitive athlete. We will offer passive events along with the active events so that there will be something offered for all senior adults.

**Location:** All events will be held at the Orangeburg County Council on Aging, 2570 St. Matthews Road Orangeburg, South Carolina 29118

**Eligibility:** Any person 50 years old as of October 16, 2018 and older is eligible. We will break down the groups in 10 year increments and will separate men and women if there are enough participants in each event.

**Rules:** Senior Games officials reserve the right to cancel an event due to insufficient registration and/or combine age groups if less than five sign up in an age group. If age groups are combined, standings and awards will also be combined. If an event is canceled, every effort will be made to contact all persons impacted prior to the start of the Senior Games. In the event of inclement weather, Senior Games officials reserve the right to cancel the event.

**Registration:** All participants must fill out a Registration Form and Liability Waiver. A non-refundable Registration Fee of \$10 must be included with the entry form.

All Participants who register on or before Friday, September 21, 2018 will receive a Registration Packet including a t-shirt and other items. Persons who register after September 21 will receive the Registration Packet on a first-come, first-served basis while supplies last.

**Awards:** Medals will be presented to the first, second, and third place finishers in each athletic event. Prizes are awarded for fun game activities.

**Lunch:** A hot lunch is available to participants on Tuesday, October 16 and Thursday, October 18 at the Council on Aging. The cost is \$8.00 for seniors who are not a part of the Council on Aging.

**A lunch reservation must be made by calling Janet Antley by Friday, October 5<sup>th</sup> at (803) 531-4663.**



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*The Orangeburg Senior Games Committee Strongly Recommends That Participants Consult Their Physicians In Regards To Practice, Preparation, And Competition In The Senior Games.*

### **Pertinent Medical Information (Special Medications, Allergies, Other):**

### **Emergency Contact**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

### **Liability Wavier**

I, the undersigned participant, hereby agree to indemnify, save, and hold harmless the sponsors or any of their employees or representatives for my health, safety, or any injury resulting from participation in the 2018 Orangeburg Senior Games.

I have prepared myself for the event(s) which I have entered prior to the Senior Games. To the best of my knowledge and belief, I have no physical restriction that would prohibit my participation in the events that I have selected. The Senior Games officials have my permission to have a medical technician attend me if deemed necessary during my participation in the activities.

I have read and understand the above liability waiver and therefore release the above sponsors from any and all liabilities.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\*\*\*\*\*

**Check here if you wish to make a lunch reservation:** \_\_\_\_\_

**Lunch:** A hot lunch is available to participants. The cost for lunch will be \$8.00 for seniors who are not a part of the Council on Aging.

***To make a lunch reservation, call Janet Antley at the Council on Aging at (803) 531-4663.***